



***Imagine a group of people who choose to act more constructively.***

***Imagine you give them a simple process to support them.***

***Can you imagine the impact on your organization?***

greytogreen is a learning event that encourages people to live their lives more fully and consequently get more out of it.

The simple greytogreen process supports constructive action in all facets of life – private or professional, daily situations or life at large.

The first day of the workshop focuses on challenges in daily life – a difficult situation with a client, a row with the partner, feeling treated unfairly by a colleague – and how to deal with them in a constructive way.

The second day applies the same process to life at large, exploring the question “Do I live my life wholeheartedly?”

greytogreen supports people in taking life into their own hands in all types of situations. Consequently, they experience greater satisfaction in their lives. Moreover, by taking conscious ownership of their actions and choosing to make a difference, they also create value for others – and your organization.

In what way is greytogreen unique?

There are many ways to approach people development: Coaching addresses the performance of the person being coached, teambuilding focuses on cohesion, and most

self-development workshops give you insights and a better understanding of yourself and others.

greytogreen has been created by a group of coaches, change consultants and trainers who have experienced the shortcomings of each single approach. greytogreen has been designed to bring the benefits of the different disciplines into one process. We have chosen a rational yet emphatic approach to which participants are very receptive.

greytogreen focuses on the here and now and on the person as a whole. Participants create a radically new understanding that can be turned into constructive action directly.

How does it work?

The workshop is laid out for 9 to 20 participants and based on an interactive exchange. In teams of 3 to 4, people work with engaging case studies from business and private life as well as materials for self-reflection.

The design of the session provides them with the necessary information to come to their own conclusions. Debriefs with the whole group ensure a shared understanding.

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### **What participants say...**

*"greytogreen opened a whole new perspective for me."*

*"In spite of taking the "listener role" in the big discussions I felt very well integrated and learned a lot."*

*"It's so simple! I can start using the process immediately."*

*"I came to the workshop very skeptically, being deeply on the grey side of life, and I left with a clear idea of how to reach the green side. Now I know that I am able to change a lot of things in my life."*

*"The workshop was a boost of energy for me."*

**greytogreen** speaks to the individual, regardless of his or her background or life experience.

**greytogreen** offers a process and a set of tools that anyone can immediately apply to their challenges.

**greytogreen** supports people in making a difference to their own life as well as the lives of people around them.

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